



EXECUTIVE SUMMARY

CITY BOXING PROJECT

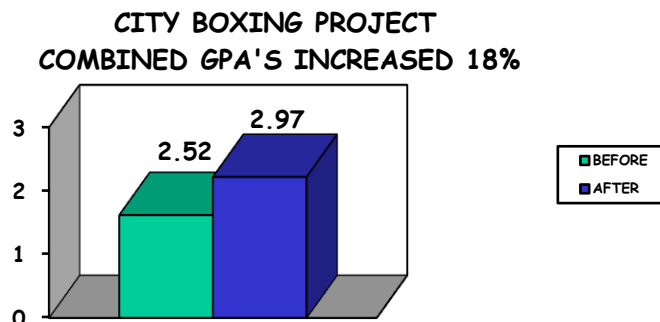
Second Semester 2008-09 School Year

This summary details the statistical results of the 180 Degrees Program during the second semester of the 2008-09 school-year at City Boxing, San Diego, California.

The project commenced March 2, 2009 and concluded June 13, 2009. A total of **24** students enrolled in one class scheduled at the City Boxing Gym in San Diego CA. Referrals to the program were made by Garfield High School, San Diego County Probation and the Toussaint Academy Center of the Arts and Sciences Group Home School. Demographic make-up of the class consisted of 1–9th grade student, 5–10th grade students, 10-11th grade students and 8-12th grade students; 20 males, 4 females; 1 African American, 0 Caucasian, 22 Hispanic, and 1 unknown. Nine (9) students successfully completed the program (**38%**). Fifteen students were removed from the program for violating a 3 day absent rule.

Progress of the students was measured by a pre and post program comparative analysis of the students' Attendance, GPA's, core grades of Language Arts, Mathematics, Social Studies and Science and documented Disciplinary Incidents. The data was collected from school records and entered into an electronic data base. In addition, daily attendance of the students was recorded by the facilitator and entered into the data base.

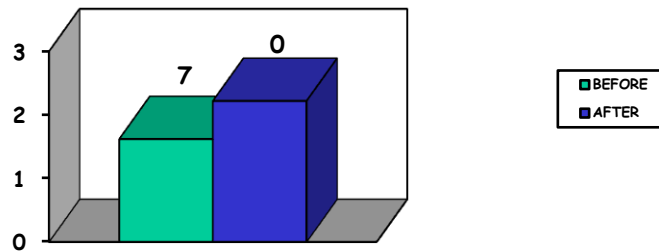
The average available GPA's of 7 of the 9 students that completed the program prior to training was 2.52. By end of the training, their average GPA improved to 2.97, representing an **18% increase**. Three students' with available records average core grades of Language Arts improved 2.50 -2.50 (**0%**), Mathematics improved 1.67 – 3.00 (**+80%**), Social Studies improved 1.50 – 3.00 (**+100%**) and their Science grades improved 2.88 – 3.00 (**+4%**).



Attendance records of the 9 students that completed the program were not obtained, however, their daily attendance in the 180 classes averaged was **90%**.

Available disciplinary incidents records were available for only 2 of the 9 trainees that completed the program revealing a total of 7 incidents the semester before the training compared to 0 incidents during the training period, representing a **100% increase**.

**CITY BOXING PROJECT
COMBINED DISCIPLINARY INCIDENTS
INCREASED 100%**



Personal Development Surveys rating the students' progress (1-poor, 2 fair, 3 good, 4 excellent, 5 superior) were to be completed by the students, facilitator, teachers and parents, rating the students in the following areas from before to after the training: (1) Attitude, (2) Motivation, (3) Achieving Goals, (4) Organization Skills, (5) Self-Control, (6) Decision Making, (7) Communication Skills, (8) Teamwork, (9) Leadership Skills, (10) Citizenship. Only the teachers submitted surveys rating 2 students on an average of 3.70 before the training to 3.95 at the completion of the training period, representing a **7% increase**.

Teachers-3.70 to 3.95 (7% improvement)

**CITY BOXING PROJECT
TEACHERS PERSONAL DEVELOPMENT SURVEYS
INCREASED 7%**

